

Please, always check the KeyON calendar to ensure that programs and services are running as scheduled | For More Information Call: 705-748-9144

## Drop-In Programs

### Mondays

Family Play To Learn	Otonabee Valley	9:30-12:00	0-6 Years
Loose Parts in the Playscape <b>OUTDOORS</b>	Antrim	9:30-11:30	0-6 Years
Toddler Play To Learn	Lakefield	9:30-12:00	13-30 Months

ALL SITES CLOSED: Sept. 4, Oct. 9,

### Tuesday

Breastfeeding and Well Baby Clinic	Antrim	10:00-12:00	Prenatal/Breastfeeding
Family Play To Learn	Antrim	9:30-12:00	0-6 Years
Family Play To Learn	Lakefield	9:30-12:00	0-6 Years
Toy and Book Lending Library	Antrim	9:30-12:00	0-6 Years

### Wednesday

Family Play To Learn	Antrim	9:30-12:00	0-6 Years
Family Play To Learn	Norwood	9:30-12:00	0-6 Years
Infant Play To Learn	Otonabee Valley	9:30-12:00	0-12 Months
Loose Parts in the Park	John Taylor Park	10:00-11:30	0-6 Years
Toy and Book Lending Library	Antrim	9:30-12:00	0-6 Years

ALL SITES CLOSED: Dec. 6

### Thursday

Breastfeeding and Well Baby Clinic	Antrim	10:00-12:00	Prenatal/Breastfeeding
Family Play To Learn	Antrim	1:00-3:30	0-6 Years
Family Play To Learn	Apsley	10:00-12:00	0-6 Years
Family Play To Learn	Lakefield	9:30-12:00	0-6 Years
Toy and Book Lending Library	Antrim	1:00-5:30	0-6 Years

### Friday

Family Play To Learn	Norwood	9:30-12:00	0-6 Years
Family Play To Learn	Otonabee Valley	9:30-12:00	0-6 Years
No Program Sept. 29 and Nov. 3			
Roots of Discovery	Jackson Park	10:00-12:00	0-6 Years
Explore the Outdoors	Fleming College	9:00-10:00 / 12:00-1:30 / 3:00-4:30	

No program Dec 1

Dec 1 ONLY

### Saturday

Family Play To Learn	Antrim	9:30-12:00	0-6 Years
Toy and Book Lending Library - 1, 3 & 5 Sat/Month	Antrim	9:30-12:00	0-6 Years

ALL SITES CLOSED: Sept. 30, Oct. 7 & Nov. 11

## Pre-Registered Programs

### Mondays

<b>Beyond Songs &amp; Rhymes</b>	Oct. 16, 23, 30, 6, 13 & 20	Antrim	1:30-2:30	0-12 Months
<b>Feeding Your Baby</b>	Sept. 25	Antrim	1:30-2:30	0-12 Months
<b>Feeding Your Toddler</b>	Nov. 27	Virtual	1:30-2:30	12-24 Months
<b>Infant Massage</b>	Sept. 11, 18, 25 & Oct. 2	Otonabee Valley	1:30-2:30	0-8 Months
<b>Songs &amp; Signs</b>	Dec. 4, 11 & 18	Antrim	2:00-3:00	5-15 Months

### Tuesday

<b>Beyond Songs &amp; Rhymes</b>	Sept. 12, 19, 26, Oct. 3, 10 & 17	Lakefield	1:30-2:30	0-12 Months
<b>Beyond Songs &amp; Rhymes</b>	Nov. 14, 21, 28, Dec. 5, 12 & 19	Otonabee Valley	10:00-11:00	0-12 Months
<b>Footsteps to Parenting</b>	Sept. 12, 19, 26, Oct. 3, 10 & 17	Antrim	1:30-3:30	0-6 Months
<b>Kids in the Kitchen</b>	Oct. 24	Otonabee Valley	10:30-11:30	2-4 Years
<b>Preparing Your Toddler for a New Baby</b>	Sept. 26	Hybrid	7:30-9:00	2-6 Years
<b>Songs &amp; Signs</b>	Nov. 7, 14 & 21	Lakefield	1:30-2:30	5-15 Months
<b>Songs &amp; Signs</b>	Oct. 3, 10 & 17	Havelock	11:00-11:45	5-15 Months
<b>Winter Make It &amp; Take It</b>	Dec. 19	Antrim	2:00-3:00	2-4 Years

### Wednesday

<b>Infant Massage</b>	Nov. 8, 15, 22 & 29	Antrim	1:30-2:30	0-8 Months
<b>Kids in the Kitchen</b>	Sept. 13	Antrim	2:00-3:00	2-4 Years
<b>Kids in the Kitchen</b>	Dec. 13	Lakefield	10:30-11:30	2-4 Years
<b>Let's Talk About Sleep, Baby!</b>	Oct. 25	Antrim	1:30-2:30	0-12 Months
<b>Pajama Party!</b>	Oct. 4	Antrim	6:00-7:00	0-6 Years
<b>Toddlers &amp; Tantrums</b>	Nov. 29	Hybrid	7:30-9:00	1-3 Years
<b>Triple P Seminar Series</b>	Oct. 11, 18 & 25	Hybrid	7:30-9:00	2-6 Years

### Thursday

<b>Breastfeeding Basics</b>	Sept. 21 / Nov. 23	Antrim	6:30-8:30pm	Prenatal
<b>Curious Connections</b>	Oct. 19, 26, Nov. 2 & 9	Antrim	10:00-11:00	1 3-30 Months
<b>Family Costume Party</b>	Oct. 26	Antrim	6:00-7:00	0-6 Years
<b>Infant Massage</b>	Oct. 12, 19, 26 & Nov. 2	Lakefield	1:30-2:30	0-8 Months
<b>Tiny Toy Testers</b>	Nov. 30	Antrim	6:00-7:00	0-6 Years

### Friday

<b>Sensory Babies</b>	Nov. 10	Lakefield	10:00-11:00	0-12 Months
<b>Songs &amp; Signs</b>	Sept. 15, 22 & 29	Antrim	9:30-10:30	5-15 Months

**CAPC PROGRAMS:** Referral required. Self-referral accepted. Referral form available at ptbocfc.ca (under programs/specialized programs). For more info call 705-748-9144.

▶ <b>Babies Firsts</b>	Fridays	Antrim	10:00-12:00	Prenatal
▶ <b>Families Connect</b>	Mondays	Antrim	10:00-12:00	13 Mths-4 Years
▶ <b>Steps &amp; Stages</b>	Thursdays	Antrim	10:00-12:00	0-12 Months

### Not What I Expected (8 sessions)

Tuesdays, starting on October 24 through December 12  
From 1:00-3:00pm

### Triple P: One-On-One Consultations:

Pre-register on KeyON and a trained facilitator will call you to set up a phone/zoom appointment.  
Monday through Thursday 9:00-4:30 2-6 Years