

Drop-In Programs

PLEASE, ALWAYS CHECK THE KEYON CALENDAR TO ENSURE THAT PROGRAMS ARE RUNNING AS SCHEDULED.

	PROGRAM NAME	LOCATION	TIME	AGE GROUP
MONDAY	<i>Family Play To Learn</i> - No program Jun 26	Norwood	9:30-11:30	0-6 Years
	<i>Family Play To Learn</i>	Otanabee Valley	9:30-12:00	0-6 Years
	<i>Loose Parts in the Playscape</i>	Antrim	9:30-11:30	0-6 Years
	ALL SITES CLOSED: Apr 10 & May 22			
TUESDAY	<i>Breastfeeding and Well Baby Clinic</i>	Antrim	10:00-12:00	Prenatal Breastfeeding
	<i>Family Play To Learn</i>	Antrim	9:30-12:00	0-6 Years
	<i>Family Play To Learn</i>	Lakefield	9:30-12:00	0-6 Years
	<i>Family Play To Learn</i>	Otonabee Valley	9:30-12:00	0-6 Years
	<i>Toy and Book Lending Library</i>	Antrim	9:30-12:00	0-6 Years
WEDNESDAY	<i>Family Play To Learn</i>	Antrim	9:30-12:00	0-6 Years
	<i>Infant Play To Learn</i>	Otanabee Valley	9:30-12:00	0-12 Months
	<i>Loose Parts in the Park</i> - 2 & 4 Wed/Month	John Taylor Park	10:00-11:30	0-6 Years
	<i>Outdoor Program</i> - 1, 3 & 5 Wed/Month (Check KeyON)	To Be Determined	10:00-11:00	0-6 Years
	<i>Toy and Book Lending Library</i>	Antrim	9:30-12:00	0-6 Years
ALL SITES CLOSED: Jun 7 PCFC's Team Maint.				
THURSDAY	<i>Breastfeeding and Well Baby Clinic</i>	Antrim	10:00-12:00	Prenatal Breastfeeding
	<i>Family Play To Learn</i>	Antrim	1:00-3:30	0-6 Years
	<i>Family Play To Learn</i>	Apsley	10:00-12:00	0-6 Years
	<i>Family Play To Learn</i>	Lakefield	9:30-12:00	0-6 Years
	<i>Toy and Book Lending Library</i>	Antrim	1:00-5:30	0-6 Years
FRIDAY	<i>Family Play To Learn</i>	Otanabee Valley	9:30-12:00	0-6 Years
	No Program Mar 17, Apr 28, Jun 9 & 30			
	<i>Roots of Discovery</i>	Jackson Park	10:00-12:00	0-6 Years
	No Program Mar 17, Apr 28, Jun 9 & 30			
ALL SITES CLOSED: Apr 7				
SATURDAY	<i>Family Play To Learn</i>	Antrim	9:30-12:00	0-6 Years
	<i>Toy and Book Lending Library</i> - 1, 3 & 5 Sat/Month	Antrim	9:30-12:00	0-6 Years
	ALL SITES CLOSED: Apr 8 & May 20			

FOR MORE INFORMATION ON PCFC PROGRAMS/SERVICES CALL: 705-748-9144

Pre-Registered Programs

PLEASE, ALWAYS CHECK THE KEYON CALENDAR TO ENSURE THAT PROGRAMS ARE RUNNING AS SCHEDULED.

	PROGRAM NAME	DATES	LOCATION	TIME	AGE GROUP
MONDAY	<i>Beyond Songs & Rhymes</i>	Apr 17, 24, May 1, 8 & 15	Otanabee Valley	1:30-2:30	0-12 Months
	<i>Infant Massage</i>	May 29, Jun 5, 12 & 19	Lakefield	10:00-11:00	0-8 Months
TUESDAY	<i>Beyond Songs & Rhymes</i>	Mar 21, 28, Apr 4, 11, 18 & 25	Lakefield	1:30-2:30	0-12 Months
	<i>Curious Connections</i>	May 2, 9, 16 & 23	Antrim	10:00-11:00	13-30 Months
	<i>Footsteps to Parenting</i>	Apr 18, 25, May 2, 9, 16 & 23	Antrim	1:30-3:00	0-6 Months
	<i>It's Potty Time: Toilet Learning</i>	May 9	Antrim	7:30-9:00pm	18Mths-4Yrs
	<i>Sensory Artists</i>	May 30, Jun 6 & 13	Otonabee Valley	2:00-3:00	2-4 Years
	<i>Songs and Signs</i>	Mar 21, 28 & Apr 4	Antrim	9:30-10:30	5-15 Months
WEDNESDAY	<i>Beyond Songs & Rhymes</i>	May 10, 17, 24, 31, Jun 14 & 21	Antrim	1:30-2:30	0-12 Months
	<i>Explore the Outdoors</i>	Feb 15, Mar 15, Apr 5 & 19	Fleming	9:30-11	0-6 Years
	<i>Infant Massage</i>	Mar 22, 29, Apr 5 & 12	Antrim	1:30-2:30	0-8 Months
	<i>Let's Talk About Sleep</i>	Apr 26	Antrim	1:30-2:30	0-12 Months
	<i>Pajama Party!</i>	May 3	Antrim	6:00-7:00pm	0-6 Years
	<i>Play, Stay & Learn</i>	Mar 22 through Jun 21	Norwood	9:30-11:30	0-6 Years
THURSDAY	<i>Breastfeeding Basics</i>	Apr 20	Antrim	6:30-8:30pm	Prenatal
	<i>Breastfeeding Basics</i>	Jun 15	Antrim	6:30-8:30pm	Prenatal
FRIDAY	<i>Infant Massage</i>	May 5, 12, 19 & 26	Havelock	10:00-11:00	0-8 Months
	CAPC PROGRAMS:	Referral required. Self-referral accepted. Referral form available at ptbocfc.ca (under programs/specialized programs). For more info call 705-748-9144.			
	<i>Babies Firsts</i>	Fridays	Antrim	10:00-12:00	Prenatal
	<i>Families Connect</i>	Mondays	Antrim	10:00-12:00	13 Mths-4 Yrs
	<i>Steps & Stages</i>	Thursdays	Antrim	10:00-12:00	0-12 Months
	<u>TRIPLE P: One-On-One Consultations</u>	Monday through Thursday	Phone/Zoom	9:00-4:30	2-10 Years
		Pre-register on KeyON and a trained facilitator will call you to set up a phone/zoom appointment.			
	<u>Triple P Seminar Series</u>	Apr 18, 25 and May 2	Antrim	7:30-9:00pm	2-10Years
		Apr 18, 25 and May 2	Curve Lake	6:00-7:30pm	2-10Years
		Pre-register on KeyON			
	<u>Not What I Expected</u>	Feb 14, 21, 28, Mar 7, 14, 21, 28, Apr 4	Antrim	1:00-3:00	0-12 Months
	All interested women MUST complete an intake before registering.				
	Call Peterborough Family Health Team program office - 705-740-8020 Ext. 315 or 335.				

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