

2 to 3 Years Old

KEY
ON

PLEASE, OPEN YOUR
KEYON ACCOUNT PRIOR TO
ATTENDING PROGRAMS

Creating your account:

www.KeyON.ca

- ▶ Click on "*Become a Member*" to begin creating your account. Make sure to fill in all fields,
- ▶ Once you have an account, you can preregister for both virtual and in person workshops across Ontario,
- ▶ Confirm your email address to receive reminders of your pre-registration and cancellations,
- ▶ When you show up in person at the centre, simply scan your QR tag and quickly sign-in with your child(ren).

KEY
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TO PREREGISTER FOR WORKSHOPS:

Go to [KeyON Calendar](#)

- ▶ From the "EarlyON Centre" menu (top right of page), choose the PCFC site the program will be running at,
- ▶ Click on "Calendar" on the top of the page menu,
- ▶ Use the arrows on the top right to move to the month the program will be running on,
- ▶ Find the day of the program and click on the program name,
- ▶ Fill in the requested information.

*share,
learn,
grow!*



INDOOR PROGRAMS AND SERVICES

All programs/services are closed from
December 24th to January 1st



Family Play to Learn - Drop-in

0 - 6 years

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 3:30pm
- ◆ Saturdays 9:30am - 12:00pm

CLOSED Apr 8 May 20 and Jun 7

Apsley Site

- ◆ Thursdays 10:00am - 12:00pm

Lakefield Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 9:30am - 12:00pm

Norwood Site

- ◆ Mondays 9:30am - 11:30pm

CLOSED Apr 10 and May 22

Otonabee Valley Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Fridays 9:30am - 12:00pm

CLOSED Apr 7, 10, 28, May 22 and Jun 9

Toy and Book Lending Library - Drop-in

0 - 6 years

A lending service where families can borrow high quality, developmentally appropriate toys, books and games for their young children. Access to library staff and early learning tips to try at home.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays 9:30am - 12:00pm

(1st, 3rd and 5th/month)

CLOSED May 20 and Jun 7

OUTDOOR FUN



Explore the Outdoors – Preregistration required

0 - 6 years

To preregister go to [KeyON Calendar](#)

Join us and Fleming RECE students for this unique event to find out why children are so curious about loose parts. A morning filled with activities, music and discovery.

599 Brealey Drive, Peterborough - Elm Lot

- ◆ Wednesdays 9:30am - 11:00am
Apr 5 and Apr 19

Loose Parts in the Park/Playscape - Drop-in

0 - 6 years

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

John Taylor Park

- ◆ Wednesdays 10:00am - 11:30am
(2nd and 4th/month)
CLOSED Jun 7

Playscape, Antrim Site

- ◆ Mondays 9:30am - 11:30am
CLOSED Apr 10 and May 22

Roots of Discovery - Drop-in

0 - 6 years

Roots of Discovery is a child-led outdoor exploration program offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Professional staff are available to support your learning as well as to share resources and their expertise when needed. Join us for the adventure!

Isabel Morris Park, Lakefield

- ◆ NOT CURRENTLY AVAILABLE

Jackson Park, Peterborough

- ◆ Fridays 10:00am - 12:00pm
CLOSED Apr 7

PARENT/CHILD WORKSHOPS

For multi sessions workshops, preregister only for the first session date (you will be automatically preregistered for all sessions)



Curious Connections - Preregistration required

13 - 30 months / Four Sessions Workshop

To preregister go to [KeyON Calendar](#)

Come and together explore what loose parts are and how they inspire children's curiosity, imagination, and wonder to motivate learning.

Antrim Site

- ◆ Tuesdays 10:00am - 11:00am
May 2, 9, 16 and 23

Helping Your Children Develop Social-Emotional Skills Preregistration required

2 - 6 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Parents are invited to join us virtually for this one evening Triple P session on the importance of social emotional learning.

- ▶ Let's Talk about what Social and Emotional learning is.
- ▶ Let's discover why it is important to your family.
- ▶ Let's share tips to help children develop skills that help them build relationships, solve problems, and regulate their emotions.

- ◆ NOT CURRENTLY AVAILABLE

Kids in the Kitchen - Preregistration required

2 - 4 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Why not shake things up for lunchtime this week?

Kids in the Kitchen will offer an opportunity to make and try out healthy kid-approved lunch recipe. Follow along with your child as together you create something yummy to eat.

- ◆ NOT CURRENTLY AVAILABLE

Pajama Party - Preregistration required

0 - 6 years / Single Session Workshops

To preregister go to [KeyON Calendar](#)

Pull on your favorite pair of PJs and join us at the Antrim site for a family pajama party. This evening program will include a few stories, a circle time and a creative activity for the whole family to do together.

Antrim Site

- ◆ Wednesday, May 3 6:00pm - 7:00pm



Play, Stay & Learn - Preregistration required

0 - 6 years / Single Sessions Workshops

To preregister go to [KeyON Calendar](#)

This single session EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise.

Norwood Site

- ◆ Wednesdays 9:30am - 11:30am
Mar 22 through Jun 21
Preregister for each individual date you want to attend

Sensory Artists - Preregistration required

2 - 4 years / Three Sessions Workshop

To preregister go to [KeyON Calendar](#)

In *Sensory Artist* we focus on the process of creating rather than the finished product. Children are encouraged to explore several different art mediums through each of their five senses. Come ready for messy Play and let your child's creativity flourish!

Otonabee Valley Site

- ◆ Tuesdays 2:00pm – 3:00pm
May 30, June 6 and 13

Triple P: It's Potty Time: Toilet Learning

Preregistration required

18 months to 4 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Join us to learn and talk about signs of readiness, and how you can make toilet learning a positive experience for both you and your child.



Antrim Site

- ◆ Tuesday, May 9 7:30pm - 9:00pm

Triple P: One-On-One - Preregistration required

Non-age specific / Telephone Consultation

To preregister go to [KeyON Calendar](#)

This is a one-to-one session via telephone and/or Zoom with a staff member where you can work through some of your parenting challenges.

Telephone/Zoom

- ◆ Monday - Thursday 9:00am - 4:30pm

Triple P: Preparing Your Toddler for a New Baby

Preregistration required

Expecting/6months and 2 - 4 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Sometimes siblings can be excited about the arrival of a new baby, other times they may behave in ways that demonstrate they are not so happy to have a brother or sister. Join us for an hour session to chat about tips and ideas on preparing your current little one for their new baby brother or sister.



- ◆ NOT CURRENTLY AVAILABLE



Triple P: Toddlers and Tantrums

Preregistration required

1 - 3 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Have you ever seen your toddler: crying, screaming, stamping their feet, or rolling on the floor? This can be embarrassing for parents, especially if it happens in public. In this session parents will have the opportunity to discuss: why children have tantrums, how to prevent them and how to manage a tantrum.

- ◆ NOT CURRENTLY AVAILABLE

Triple P: Seminar Series - Preregistration required

2 - 10 years old / Three Sessions Workshop

To preregister go to [KeyON Calendar](#)

Session 1. The Power of Positive Parenting

Ideas on how to help children learn important life skills including being respectful, communicating well, thinking positively, having healthy self-esteem and being a good problem solver. Triple P promotes good communication and strong relationships between parents and children.

Session 2. Raising Confident, Competent Children

Positive parenting is an effective approach to raising children that involves creating a family environment that is loving, supportive and predictable. Triple P promotes good communication and strong relationships between parents and children.

Session 3. Raising Resilient Children

All children experience periods of stress in their lives, this session gives parents ideas on how to help children have the emotional skills to manage stressful life events. Triple P promotes good communication and strong relationships between parents and children.



Antrim Site

- ◆ Session 1 Tue, Apr 18 7:30pm - 9:00pm
- ◆ Session 2 Tue, Apr 25 7:30pm - 9:00pm
- ◆ Session 3 Tue, May 2 7:30pm - 9:00pm

Curve Lake

- ◆ Session 1 Tue, Apr 18 6:00pm - 7:30pm
- ◆ Session 2 Tue, Apr 25 6:00pm - 7:30pm
- ◆ Session 3 Tue, May 2 6:00pm - 7:30pm

Specialized Programs

CAPC

Community Action Program for Children

Families Connect

This program is designed for families with children 13 months to 4 years who are experiencing challenging life circumstances. It focuses on play, child development and parent-child relationships.

This is a weekly program staffed by a multidisciplinary team. Referral and registration is required as the program serves a specific population and has limited spaces. We accept both agency and self-referrals. [Referral Form](#)

Antrim Site

- ◆ Mondays 10:00am - 12:00pm
- CLOSED Apr 10 and May 22

