

# 1 to 2 Years Old



PLEASE, OPEN YOUR  
KEYON ACCOUNT PRIOR TO  
ATTENDING PROGRAMS

## Creating your account:

[www.KeyON.ca](http://www.KeyON.ca)

- ▶ Click on “*Become a Member*” to begin creating your account. Make sure to fill in all fields,
- ▶ Once you have an account, you can preregister for both virtual and in person workshops across Ontario,
- ▶ Confirm your email address to receive reminders of your pre-registration and cancellations,
- ▶ When you show up in person at the centre, simply scan your QR tag and quickly sign-in with your child(ren).



## TO PREREGISTER FOR WORKSHOPS:

Go to [KeyON Calendar](#)

- ▶ From the “EarlyON Centre” menu (top right of page), choose the PCFC site the program will be running at,
- ▶ Click on “Calendar” on the top of the page menu,
- ▶ Use the arrows on the top right to move to the month the program will be running on,
- ▶ Find the day of the program and click on the program name,
- ▶ Fill in the requested information.



*share, learn, grow!*

## INDOOR PROGRAMS AND SERVICES

All programs/services are closed from December 24<sup>th</sup> to January 1<sup>st</sup>



### Breastfeeding & Well Baby Clinic - Drop-in

#### Breastfeeding/Prenatal

Drop-in to speak to a lactation consultant/community health nurse for breastfeeding help and/or to answer your questions about child health and development.

#### Antrim Site

- ◆ Tuesdays 10:00am - 12:00pm
- ◆ Thursdays 10:00am - 12:00pm

### Family Play to Learn - Drop-in

#### 0 - 6 years

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

#### Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 3:30pm
- ◆ Saturdays 9:30am - 12:00pm

CLOSED Apr 8 May 20 and Jun 7

#### Apsley Site

- ◆ Thursdays 10:00am - 12:00pm

#### Lakefield Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 9:30am - 12:00pm

#### Norwood Site

- ◆ Mondays 9:30am - 11:30pm

CLOSED Apr 10 and May 22

#### Otonabee Valley Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Fridays 9:30am - 12:00pm

CLOSED Apr 7, 10, 28, May 22 and Jun 9

### Toy and Book Lending Library - Drop-in

#### 0 - 6 years

A lending service where families can borrow high quality, developmentally appropriate toys, books and games for their young children. Access to library staff and early learning tips to try at home.

#### Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays 9:30am - 12:00pm

(1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>/month)

CLOSED May 20 and Jun 7

## OUTDOOR FUN



### Explore the Outdoors - Preregistration required

0 - 6 years

To preregister go to [KeyON Calendar](#)

Join us and Fleming RECE students for this unique event to find out why children are so curious about loose parts. A morning filled with activities, music and discovery.

Remember to dress for the weather.

#### 599 Brealey Drive, Peterborough - Elm Lot

- ◆ Wednesdays 9:30am - 11:00am  
Apr 5 and Apr 19

### Loose Parts in the Park/Playscape - Drop-in

0 - 6 years

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

The possibilities are endless! Come join us for some fun.

#### John Taylor Park

- ◆ Wednesdays 10:00am - 11:30am  
(2<sup>nd</sup> and 4<sup>th</sup>/month)  
CLOSED Jun 7

#### Playscape, Antrim Site

- ◆ Mondays 9:30am - 11:30am  
CLOSED Apr 10 and May 22

### Roots of Discovery - Drop-in

0 - 6 years

Roots of Discovery is a child-led outdoor exploration program offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Professional staff are available to support your learning as well as to share resources and their expertise when needed. Join us for the adventure!

#### Isabel Morris Park, Lakefield

- ◆ NOT CURRENTLY AVAILABLE

#### Jackson Park, Peterborough

- ◆ Fridays 10:00am - 12:00pm  
CLOSED Apr 7

## PARENT/CHILD WORKSHOPS

*For multi sessions workshops, preregister only for the first session date (you will be automatically preregistered for all sessions)*



### Curious Connections - Preregistration required

13 – 30 months / Four/4 Sessions Workshop

To preregister go to [KeyON Calendar](#)

Come and together explore what loose parts are and how they inspire children's curiosity, imagination, and wonder to motivate learning.

#### Antrim Site

- ◆ Tuesdays 10:00am - 11:00am  
May 2, 9, 16 and 23

### Pajama Party - Preregistration required

0 to 6 years / Single Session Workshops

To preregister go to [KeyON Calendar](#)

Pull on your favorite pair of PJs and join us at the Antrim site for a family pajama party. This evening program will include a few stories, a circle time and a creative activity for the whole family to do together.

#### Antrim Site

- ◆ Wednesday, May 3 6:00pm - 7:00pm

### Play, Stay & Learn - Preregistration required

0 - 6 years / Single Sessions Workshops

To preregister go to [KeyON Calendar](#)

This single session EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise.

#### Norwood Site

- ◆ Wednesdays 9:30am - 11:30am  
Mar 22 through Jun 21  
Preregister for each individual date you want to attend

### Triple P: It's Potty Time: Toilet Learning Preregistration required

18 months - 4 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Join us to learn and talk about signs of readiness, and how you can make toilet learning a positive experience for both you and your child.

#### Antrim Site

- ◆ Tuesday, May 9 7:30pm - 9:00pm



## Song & Signs - Preregistration required

5 -15 months / Three Sessions Workshop

To preregister go to [KeyON Calendar](#)

This EarlyON program is an interactive course for parents and children. Parents will learn a variety of baby signs through a weekly signs and songs circle. Information on the benefits of signing and tips for success will be discussed.

### Antrim Site

- ◆ Tuesdays 9:30am - 10:30am  
Mar 21, 28 and Apr 4
- ◆ Tuesdays 2:00pm - 3:00pm  
May 30, Jun 6 and 13

## Triple P: Toddlers and Tantrums

Preregistration required

1 - 3 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Have you ever seen your toddler: crying, screaming, stamping their feet, or rolling on the floor? This can be embarrassing for parents, especially if it happens in public. In this session parents will have the opportunity to discuss: why children have tantrums, how to prevent them and how to manage a tantrum.

- ◆ NOT CURRENTLY AVAILABLE



## Specialized Programs

CAPC

Community Action Program for Children

## Families Connect

This program is designed for families with children 13 months to 4 years who are experiencing challenging life circumstances. It focuses on play, child development and parent-child relationships. This is a weekly program staffed by a multidisciplinary team. Referral and registration is required as the program serves a specific population and has limited spaces. We accept both agency and self-referrals. [Referral Form](#)

### Antrim Site

- ◆ Mondays 10:00am - 12:00pm  
CLOSED Apr 10 and May 22

