

# 5 to 6 Years Old

KEY  
ON

PLEASE, OPEN YOUR  
KEYON ACCOUNT PRIOR TO  
ATTENDING PROGRAMS

## Creating your account:

[www.KeyON.ca](http://www.KeyON.ca)

- ▶ Click on “*Become a Member*” to begin creating your account. Make sure to fill in all fields,
- ▶ Once you have an account, you can preregister for both virtual and in person workshops across Ontario,
- ▶ Confirm your email address to receive reminders of your pre-registration and cancellations,
- ▶ When you show up in person at the centre, simply scan your QR tag and quickly sign-in with your child(ren).

## TO PREREGISTER FOR WORKSHOPS:

KEY  
ON

Go to [KeyON Calendar](#)

- ▶ From the “EarlyON Centre” menu (top right of page), choose the PCFC site the program will be running at,
- ▶ Click on “Calendar” on the top of the page menu,
- ▶ Use the arrows on the top right to move to the month the program will be running on,
- ▶ Find the day of the program and click on the program name,
- ▶ Fill in the requested information.

*Share!*



*Learn!*

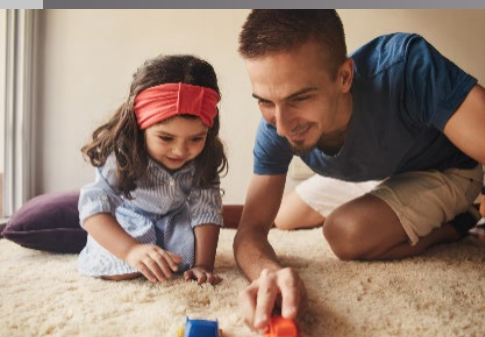


*grow!*



## INDOOR PROGRAMS AND SERVICES

All programs/services are closed from December 24<sup>th</sup> to January 1<sup>st</sup>



### Family Play to Learn - Drop-in

0 - 6 years

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

#### Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 3:30pm
- ◆ Saturdays 9:30am - 12:00pm  
(1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>/month)

CLOSED Feb 18, May 20 and Jun 7

March Break extras (Antrim):

- ◆ Monday, Mar 13 1:00pm - 3:30pm
- ◆ Tuesday, Mar 14 1:00pm - 3:30pm
- ◆ Thursday, Mar 16 9:30am - 12:00pm

#### Apsley Site

- ◆ Thursdays 10:00am - 12:00pm

#### Lakefield Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 9:30am - 12:00pm

CLOSED Jan 3, 5, Mar 14 and 16

#### Norwood Site

- ◆ Mondays 9:30am - 11:30am

CLOSED Jan 2, Feb 20, Mar 13, Apr 10 and May 22

#### Otonabee Valley Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ Fridays 9:30am - 12:00pm

CLOSED Jan 2, 6, Feb 3, 20, Mar 10, 13, 17, Apr 7, 10, 28, May 22 and Jun 9

### Me & My Dad - Drop-in

0 - 6 years

This parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as to share resources and their expertise when needed.

#### Antrim Site

- ◆ Saturdays 9:30am - 12:00pm  
(2<sup>nd</sup> and 4<sup>th</sup> Saturday/month)

CLOSED Apr 8



## **Toy and Book Lending Library - Drop-in**

**0 - 6 years**

A lending service where families can borrow high quality, developmentally appropriate toys, books and games for their young children. Access to library staff and early learning tips to try at home.

### **Antrim Site**

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays 9:30am - 12:00pm  
(1<sup>st</sup>, 3<sup>rd</sup> and 5<sup>th</sup>/month)

CLOSED Jan 3, 4, 5, Feb 18, May 20 and Jun 7

## **OUTDOOR FUN**



## **Lakefield Community Garden - Drop-in**

**Non-age specific / Self directed / Family led / No staff onsite**

Visit our community garden plot and take part in its maintenance and care, while exploring the natural surroundings.

### **Lakefield Community Garden**

- ◆ NOT CURRENTLY AVAILABLE

## **Loose Parts in the Park/Playscape - Drop-in**

**0 - 6 years**

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

### **John Taylor Park**

- ◆ Wednesdays 10:00am - 11:30am  
(2<sup>nd</sup> and 4<sup>th</sup>/month)

CLOSED Jun 7

### **Playscape, Antrim Site**

- ◆ Mondays 10:00am - 11:30am

CLOSED Feb 20, Apr 10 and May 22







## PARENT/CHILD WORKSHOPS

*For multi sessions workshops, preregister only for the first session date (you will be automatically preregistered for all sessions)*



## Roots of Discovery - Drop-in

0 - 6 years

Roots of Discovery is a child-led outdoor exploration program offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Professional staff are available to support your learning as well as to share resources and their expertise when needed. Join us for the adventure!

### Isabel Morris Park, Lakefield

- ◆ NOT CURRENTLY AVAILABLE

### Jackson Park, Peterborough

- ◆ Fridays 10:00am - 12:00pm

## South End Sing Along - Drop-in

0 - 6 years

Join us at Newhall Neighbourhood Park to gather outside for some circle time singing, story time, and fun! Dress for the weather, as we will be there through snow, rain, and sunshine!

### Newhall Neighbourhood Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

## Helping Your Children Develop Social-Emotional Skills Preregistration required

2 - 6 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Parents are invited to join us virtually for this one evening Triple P session on the importance of social emotional learning.

- ▶ Let's Talk about what Social and Emotional learning is.
- ▶ Let's discover why it is important to your family.
- ▶ Let's share tips to help children develop skills that help them build relationships, solve problems, and regulate their emotions.

- ◆ NOT CURRENTLY AVAILABLE

## Pajama Party - Preregistration required

0 - 6 years / Single Session Workshops

To preregister go to [KeyON Calendar](#)

Pull on your favorite pair of PJs and join us at the Antrim site for a family pajama party. This evening program will include a few stories, a circle time and a creative activity for the whole family to do together.

### Antrim Site

- ◆ Thursday, Feb 23 6:00pm - 7:00pm
- ◆ Wednesday, May 3 6:00pm - 7:00pm



## Play, Stay & Learn - Preregistration required

0 - 6 years / Single Sessions Workshops

To preregister go to [KeyON Calendar](#)

This single session EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise.

### Norwood Site

- ◆ Wednesdays 9:30am - 11:30am
- Jan 11, 18, 25 and Feb 1
- Mar 22, 29, Apr 5, 12, 19 and 26
- Jun 14 and 21
- Preregister for each individual date you want to attend

## Triple P: One-On-One - Preregistration required

Non-age specific / Telephone Consultation

To preregister go to [KeyON Calendar](#)

This is a one-to-one session via telephone and/or Zoom with a staff member where you can work through some of your parenting challenges.

### Telephone/Zoom

- ◆ Monday - Thursday 9:00am - 4:30pm
- CLOSED Feb 20, Apr 10, May 22 and Jun 7

## Triple P: Seminar Series – Virtual - Preregistration required

2 - 10 years old / Three Sessions Workshop

To preregister go to [KeyON Calendar](#)

### Session 1. The Power of Positive Parenting

Ideas on how to help children learn important life skills including being respectful, communicating well, thinking positively, having healthy self-esteem and being a good problem solver. Triple P promotes good communication and strong relationships between parents and children.

### Session 2. Raising Confident, Competent Children

Positive parenting is an effective approach to raising children that involves creating a family environment that is loving, supportive and predictable. Triple P promotes good communication and strong relationships between parents and children.

### Session 3. Raising Resilient Children

All children experience periods of stress in their lives, this session gives parents ideas on how to help children have the emotional skills to manage stressful life events. Triple P promotes good communication and strong relationships between parents and children.

### Antrim Site

- ◆ Session 1 Tue, Apr 18 1:30pm - 3:00pm
- ◆ Session 2 Tue, Apr 25 1:30pm - 3:00pm
- ◆ Session 3 Tue, May 2 1:30pm - 3:00pm

### Virtual - Zoom

- ◆ Session 1 Wed, Feb 15 7:30pm - 9:00pm
- ◆ Session 2 Wed, Feb 22 7:30pm - 9:00pm
- ◆ Session 3 Wed, Mar 1 7:30pm - 9:00pm

