

1 to 2 Years Old

KEY
ON

PLEASE, OPEN YOUR
KEYON ACCOUNT PRIOR TO
ATTENDING PROGRAMS

Creating your account:

www.KeyON.ca

- ▶ Click on “*Become a Member*” to begin creating your account. Make sure to fill in all fields,
- ▶ Once you have an account, you can preregister for both virtual and in person workshops across Ontario,
- ▶ Confirm your email address to receive reminders of your pre-registration and cancellations,
- ▶ When you show up in person at the centre, simply scan your QR tag and quickly sign-in with your child(ren).

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TO PREREGISTER FOR WORKSHOPS:

Go to [KeyON Calendar](#)

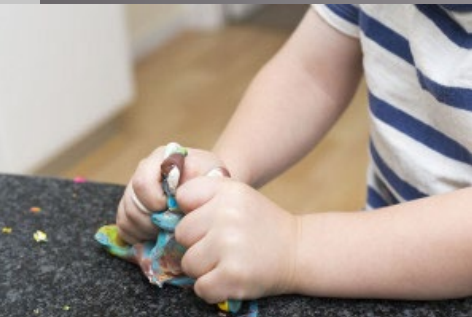
- ▶ From the “EarlyON Centre” menu (top right of page), choose the PCFC site the program will be running at,
- ▶ Click on “Calendar” on the top of the page menu,
- ▶ Use the arrows on the top right to move to the month the program will be running on,
- ▶ Find the day of the program and click on the program name,
- ▶ Fill in the requested information.



share, learn, grow!

INDOOR PROGRAMS AND SERVICES

All programs/services are closed from December 24th to January 1st



Breastfeeding & Well Baby Clinic - Drop-in

Breastfeeding/Prenatal

Drop-in to speak to a lactation consultant/community health nurse for breastfeeding help and/or to answer your questions about child health and development.

Antrim Site

- ◆ Tuesdays 10:00am - 12:00pm
- ◆ Thursdays 10:00am - 12:00pm

Family Play to Learn - Drop-in

0 - 6 years

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 3:30pm
- ◆ Saturdays 9:30am - 12:00pm
(1st, 3rd and 5th/month)

CLOSED Feb 18, May 20 and Jun 7

March Break extras (Antrim):

- ◆ Monday, Mar 13 1:00pm - 3:30pm
- ◆ Tuesday, Mar 14 1:00pm - 3:30pm
- ◆ Thursday, Mar 16 9:30am - 12:00pm

Apsley Site

- ◆ Thursdays 10:00am - 12:00pm

Lakefield Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 9:30am - 12:00pm

CLOSED Jan 3, 5, Mar 14 and 16

Norwood Site

- ◆ Mondays 9:30am - 11:30am

CLOSED Jan 2, Feb 20, Mar 13, Apr 10 and May 22

Otonabee Valley Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ Fridays 9:30am - 12:00pm

CLOSED Jan 2, 6, Feb 3, 20, Mar 10, 13, 17, Apr 7, 10, 28, May 22 and Jun 9



OUTDOOR FUN



Toddler Family Play to Learn - Drop-in

13 - 30 months

This EarlyON parent toddler interactive program offers an engaging environment to explore and create with your toddler and to connect with other families. Professional staff are available to support your learning as well as share.

Lakefield Site

- ◆ Fridays 9:30am - 12:00pm
CLOSED Jan 6, Feb 3, Mar 10, 17, Apr 7, 28 and Jun 9

Me & My Dad - Drop-in

0 - 6 years

This parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as to share resources and their expertise when needed.

Antrim Site

- ◆ Saturdays 9:30am - 12:00pm
(2nd and 4th Saturday/month)
CLOSED Apr 8

Toy and Book Lending Library - Drop-in

0 - 6 years

A lending service where families can borrow high quality, developmentally appropriate toys, books and games for their young children. Access to library staff and early learning tips to try at home.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays 9:30am - 12:00pm
(1st, 3rd and 5th/month)
CLOSED Jan 3, 4, 5, Feb 18, May 20 and Jun 7

Lakefield Community Garden - Drop-in

Non-age specific / Self directed / Family led / No staff onsite

Visit our community garden plot and take part in its maintenance and care, while exploring the natural surroundings.

Lakefield Community Garden

- ◆ NOT CURRENTLY AVAILABLE



Loose Parts in the Park/Playscape - Drop-in

0 - 6 years

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

The possibilities are endless! Come join us for some fun.

John Taylor Park

- ◆ Wednesdays 10:00am - 11:30am
(2nd and 4th/month)
CLOSED Jun 7

Playscape, Antrim Site

- ◆ Mondays 10:00am - 11:30am
CLOSED Feb 20, Apr 10 and May 22



Roots of Discovery - Drop-in

0 - 6 years

Roots of Discovery is a child-led outdoor exploration program offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Professional staff are available to support your learning as well as to share resources and their expertise when needed. Join us for the adventure!

Isabel Morris Park, Lakefield

- ◆ NOT CURRENTLY AVAILABLE

Jackson Park, Peterborough

- ◆ Fridays 10:00am - 12:00pm
CLOSED Apr 7



South End Sing Along - Drop-in

0 - 6 years

Join us at Newhall Neighbourhood Park to gather outside for some circle time singing, story time, and fun! Dress for the weather, as we will be there through snow, rain, and sunshine!

Newhall Neighbourhood Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

PARENT/CHILD WORKSHOPS

For multi sessions workshops, preregister only for the first session date (you will be automatically preregistered for all sessions)



Curious Connections - Preregistration required

1 - 3 years / Four Sessions Workshop

To preregister go to [KeyON Calendar](#)

Come and together explore what loose parts are and how they inspire children's curiosity, imagination, and wonder to motivate learning.

Antrim Site

- ◆ Tuesdays 10:00am - 11:00am
May 2, 9, 16 and 23

Pajama Party - Preregistration required

0 to 6 years / Single Session Workshops

To preregister go to [KeyON Calendar](#)

Pull on your favorite pair of PJs and join us at the Antrim site for a family pajama party. This evening program will include a few stories, a circle time and a creative activity for the whole family to do together.

Antrim Site

- ◆ Thursday, Feb 23 6:00pm - 7:00pm
- ◆ Wednesday, May 3 6:00pm - 7:00pm

Play, Stay & Learn - Preregistration required

0 - 6 years / Single Sessions Workshops

To preregister go to [KeyON Calendar](#)

This single session EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise.

Norwood Site

- ◆ Wednesdays 9:30am - 11:30am
Jan 11, 18, 25 and Feb 1
Mar 22, 29, Apr 5, 12, 19 and 26
Jun 14 and 21
Preregister for each individual date you want to attend

Triple P: It's Potty Time: Toilet Learning Preregistration required

18 months - 4 years / Single Session Workshop

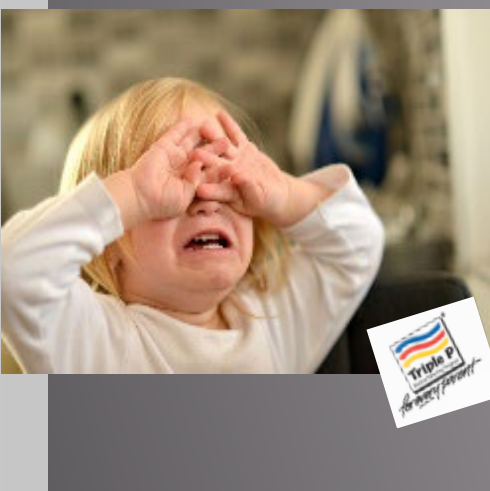
To preregister go to [KeyON Calendar](#)

Join us to learn and talk about signs of readiness, and how you can make toilet learning a positive experience for both you and your child.

Antrim Site

- ◆ Tuesday, May 9 7:30pm - 9:00pm





Song & Signs - Preregistration required

5 -15 months / Three Sessions Workshop

To preregister go to [KeyON Calendar](#)

This EarlyON program is an interactive course for parents and children. Parents will learn a variety of baby signs through a weekly signs and songs circle. Information on the benefits of signing and tips for success will be discussed.

Antrim Site

- ◆ Tuesdays 2:00pm - 3:00pm
May 30, Jun 6 and 13

Lakefield Site

- ◆ Tuesdays, 1:30pm - 2:30pm
Jan 31, Feb 7 and 14

Otonabee Valley Site

- ◆ Tuesdays 9:30am - 10:30am
Mar 21, 28 and Apr 4

Triple P: Toddlers and Tantrums

Preregistration required

1 - 3 years / Single Session Workshop

To preregister go to [KeyON Calendar](#)

Have you ever seen your toddler: crying, screaming, stamping their feet, or rolling on the floor? This can be embarrassing for parents, especially if it happens in public. In this session parents will have the opportunity to discuss: why children have tantrums, how to prevent them and how to manage a tantrum.

Virtual

- ◆ Wednesday, Mar 8 7:30pm - 9:00pm

Specialized Programs

CAPC

Community Action Program for Children

Families Connect

This program is designed for families with children 13 months to 4 years who are experiencing challenging life circumstances. It focuses on play, child development and parent-child relationships.

This is a weekly program staffed by a multidisciplinary team. Referral and registration is required as the program serves a specific population and has limited spaces. We accept both agency and self-referrals. [Referral Form](#)

Antrim Site

- ◆ Mondays 10:00am - 12:00pm
CLOSED Jan 2, Feb 20, Apr 10 and May 22

