



Coming **September** PCFC will start using a new workshop registration and program/workshop sign-in system. **KeyOn** is used by EarlyOn centres across Ontario and will give you access to all centres using the same system.

Get ready to preregister for the fall workshops (registrations open August 2nd).

The new KeyOn system will feature:

- ✓ easier preregistration process with less fields to fill,
- ✓ register for workshops right up to ½ hour of start of the workshop,
- ✓ easier, really time, registration cancellation,
- ✓ user friendly calendar that gives you a view of all programs available within each month, their times, and space availability,
- ✓ preregister right on calendar,
- ✓ easier and faster sign-in with the swipe of a fob or QR code, and much more...

Creating your account:

www.KeyON.ca

- ▶ Click on “Become a Member” to begin creating your account:
- ▶ Once you have an account, you can preregister for both virtual and in person workshops across Ontario,
- ▶ Confirm your email address to receive reminders of your pre-registration and cancellations,
- ▶ When you show up in person at the centre, simply scan your QR tag and quickly sign-in and your child(ren).



Share!



Learn!



grow!



FALL INDOOR PROGRAMS AND SERVICES

All programs/services are closed from
December 24th to January 1st (inc)



Family Play to Learn - Drop-in

0 - 6 years / Indoor

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 3:30pm
- ◆ Saturdays 9:30am - 12:00pm
(1st, 3rd and 5th/month)

CLOSED December 7th,

Apsley site

- ◆ Thursdays 10:00am - 12:00pm

Lakefield Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 9:30am - 12:00pm

Norwood Site

- ◆ Mondays 9:30am - 11:30pm
- ◆ Wednesdays 9:30am - 11:30am

CLOSED Sept. 5th, Oct. 10th and 24th and Dec. 7th

Otonabee Valley Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ Fridays 9:30am - 12:00pm

CLOSED Sept. 5th and 30th, Oct. 10th and 24th, Nov. 11th and 25th

Me & My Dad - Drop-in

0 - 6 years / Indoor

This parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families.

Antrim Site

- ◆ Saturdays 9:30am - 12:00pm
2nd and 4th/month)

CLOSED October 8th and December 24th

Toy Lending Library - Drop-in

0 - 6 years / Indoor

A lending service where families can borrow high quality, developmentally appropriate toys, books, and games for their young children. Access to library staff and early learning tips to try at home.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays 9:30am - 12:00pm
(1st, 3rd and 5th/month)

FALL OUTDOOR FUN



Lakefield Community Garden

Non-age specific / Self directed / Family led / No staff onsite

This outdoor parent and child interactive program offer opportunities for families take part in the maintenance and care of our Community Garden Plot, while exploring the natural surroundings. Monthly activities will be available to take part in as participants schedule a visit.

Lakefield Community Garden

- ◆ NOT CURRENTLY AVAILABLE

Loose Parts in the Park/Playscape - Drop-in

0 - 6 years / Outdoor

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

John Tayor Park

- ◆ Wednesdays 10:00am - 11:30am
(2nd and 4th/month)
CLOSED December 7th

Playscape, Antrim Site

- ◆ Mondays 10:00am - 11:30am
CLOSED September 5th, October 10th and 24th

Roots of Discovery - Drop-in

0 - 6 years / Outdoor

Roots of Discovery is a child-led outdoor exploration program offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Isabel Morris Park, Lakefield

- ◆ NOT CURRENTLY AVAILABLE

Jackson Park, Peterborough

- ◆ Fridays 10:00am - 12:00pm
CLOSED September 30th, November 11th and 25th

South End Sing Along - Drop-in

0 - 6 years / Outdoor

Join us at Newhall Neighbourhood Park to gather outside for some circle time singing, story time, and fun! Dress for the weather, as we will be there through snow, rain, and sunshine!

Newhall Neighbourhood Park, Peterborough

- ◆ Wednesdays 10:00am - 11:00am
(1st, 3rd and 5th/month)
CLOSED December 7th

FALL PARENTING/CHILD WORKSHOPS

For multi sessions workshops, sign-up only for the first session date (you will be automatically signed up for all sessions)



Helping Your Children Develop Social-Emotional Skills

2 - 6 years / One Session Workshop - [Preregister](#)

Parents are invited to join us virtually for this one evening Triple P session on the importance of social emotional learning.

- ▶ Let's Talk about what Social and Emotional learning is.
- ▶ Let's discover why it is important to your family.
- ▶ Let's share tips to help children develop skills that help them build relationships, solve problems, and regulate their emotions.

Virtual

- ◆ Wednesday, November 9th 7:30pm - 9:00pm

Triple P: One-On-One

Non-age specific / Telephone Consultation - [Preregister](#)

This is a one-to-one session via telephone and/or Zoom with a staff member where you can work through some of your parenting challenges

Telephone

- ◆ Mondays -Thursdays 9:00am - 4:30pm

Triple P: Seminar Series - Virtual

2 - 10 years old / Three Sessions Workshop - [Preregister](#)

Session 1. The Power of Positive Parenting

Ideas on how to help children learn important life skills including being respectful, communicating well, thinking positively, having healthy self-esteem and being a good problem solver. Triple P promotes good communication and strong relationships between parents and children.

Session 2. Raising Confident, Competent Children

Positive parenting is an effective approach to raising children that involves creating a family environment that is loving, supportive and predictable. Triple P promotes good communication and strong relationships between parents and children.

Session 3. Raising Resilient Children

All children experience periods of stress in their lives, this session gives parents ideas on how to help children have the emotional skills to manage stressful life events. Triple P promotes good communication and strong relationships between parents and children.

Antrim Site

- ◆ Session 1 Wednesday, October 5th 1:30pm - 3:00pm
- ◆ Session 2 Wednesday, October 12th 1:30pm - 3:00pm
- ◆ Session 3 Wednesday, October 19th 1:30pm - 3:00pm

Virtual - Zoom

- ◆ Session 1 Wednesday, November 23rd 7:30pm - 9:00pm
- ◆ Session 2 Wednesday, November 30th 7:30pm - 9:00pm
- ◆ Session 3 Wednesday, December 7th 7:30pm - 9:00pm