

COVID-19 Ontario School Screening is mandatory for all individuals attending in-person programs (both outdoor and indoor).

We encourage all adult participants to use face masks when inside.

Some programs may require **PREREGISTRATION**

Share!

grow!

Learn!



INDOOR PROGRAMS AND SERVICES



Family Play to Learn - Drop-in

0 - 6 years / Indoor

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed. All families with children aged birth to six years are welcome at this program.

Otonabee Valley Site

- ◆ NOT CURRENTLY AVAILABLE

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Saturdays 9:30am - 12:00pm
- ◆ CLOSED July 30th and September 3rd

Lakefield Site

- ◆ Thursdays 9:30am - 12:00pm

Apsley Site

- ◆ NOT CURRENTLY AVAILABLE

Norwood Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ CLOSED August 1st

Me & My Dad - Drop-in

0 - 6 years / Indoor

This parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed. All dads with children birth to 6 years are welcome.

Antrim Site

- ◆ NOT CURRENTLY AVAILABLE

Toy Lending Library - Drop-in

0 - 6 years / Indoor

A lending service where families can borrow high quality, developmentally appropriate toys, books, and games for their young children. Access to library staff and early learning tips to try at home.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays (1st & 3rd) 9:30am - 12:00pm
- ◆ CLOSED September 3rd

OUTDOOR FUN



Lakefield Community Garden

Non-age specific / Self directed / Family led / No staff onsite

This outdoor parent and child interactive program offer opportunities for families take part in the maintenance and care of our Community Garden Plot, while exploring the natural surroundings. Monthly activities will be available to take part in as participants schedule a visit.

Lakefield Community Garden

- ◆ Drop-in any time

Loose Parts in the Playscape - Drop-in

0 - 6 years / Outdoor

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

The possibilities are endless! Come join us in our Antrim Playscape for some fun.

DUE TO ONGOING BACKYARD CONSTRUCTION LOOSE PARTS IN THE PLAYSCAPE WILL, TEMPORARILY, TAKE PLACE INDOORS.

Antrim Site

- ◆ Thursdays 9:30am - 11:30am

Roots of Discovery - Drop-in

0 - 6 years / Outdoor

Roots of Discovery is a child-led outdoor exploration program. Offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Professional staff are available to support your learning as well as share resources and their expertise when needed. Join us for the adventure!

Bridlewood/Harper Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

Isabel Morris Park, Lakefield

- ◆ Fridays 10:00am - 12:00pm

Jackson Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

Mill Pond Forest Trails, Norwood

- ◆ NOT CURRENTLY AVAILABLE



PARENTING/CHILD WORKSHOPS

- For multi sessions workshops, sign-up only for the first session date (you will be automatically signed up for all sessions)



South End Sing Along - Drop-in

0 - 6 years / Outdoor

Join us every 1st and 3rd Wednesday of the month at Newhall Neighbourhood Park to gather outside for some circle time singing, story time, and fun! All families with children birth to 6 years are welcome to sign-up. Dress for the weather, as we will be there through snow, rain, and sunshine!

Newhall Neighbourhood Park, Peterborough

◆ NOT CURRENTLY AVAILABLE

Backyard Tea Party

0 - 6 years - [Preregister](#)

Come join us for an exciting backyard Tea Party. We will have fruit infused water and a healthy snack to enjoy. Please come with your best fancy hat and dress up is encouraged! (Please note in the event of rain this program will move indoors)

Antrim Site

◆ Tuesday, August 23rd 2:00pm - 3:30pm

Build It, Build It, Build It!

3 - 6 years - [Preregister](#)

Sign up today to be part of the construction crew!!!! With a few simple materials and tools your child can use their creativity to tinker in woodworking. Children will learn how to use real tools and materials that inspire the budding engineer in all of us!

Antrim Site

◆ Tuesday, July 5th 2:30pm - 3:30pm

Kids in the Lab

3 - 6 years - [Preregister](#)

Do you have a budding scientist in your family? Join the PCFC mad scientists as we discover fun and exciting experiments together.

Antrim Site

◆ Tuesday, July 12th 2:00pm - 3:00pm
◆ Monday, August 22nd 10:00am - 11:00am

Lakefield Little Gardeners

0 - 6 years - [Preregister](#)

This is a interactive program where families take part in the care and maintenance of our community garden, while exploring our natural surroundings. Activities will be planned to introduce families to gardening and food literacy, from seed to plate.

Lakefield Community Garden

◆ Tuesdays (2nd and 4th) 9:00am - 10:00am



Let's Calm Down

1 - 6 years - [Preregister](#)

Play outside and explore with all your senses! Help your child learn some ideas to calm down and focus. Dress for some mess. There will be water and ooey gooey things to investigate and paint for those who like to create! Join in for some soothing songs and stories.

Antrim Site

- ◆ Tuesday, August 2nd 2:30pm - 3:30pm

MAGIC Mud Play Day!

0 - 6 years - [Preregister](#)

Come enjoy a morning of *Messy Mud Play* in our new playscape with our new mud kitchen! Yes, we said Mud! Wear your boots and mess-friendly clothes (grownups too). Come dig, mix, splash, and experiment!

Antrim Site

- ◆ Monday, July 18th 9:30am - 11:30am
- ◆ Monday, August 8th 9:30am - 11:30am

Pajama Party

0 - 6 years - [Preregister](#)

Pull on your favorite pair of PJs and join us at the Antrim site for a family pajama party. This evening program will include a few stories, a circle time and a creative activity for the whole family to do together.

Antrim Site

- ◆ Thursday, July 7th 6:00pm - 7:00pm
- ◆ Thursday, September 1st 6:00pm - 7:00pm

Picnic Party

0 - 6 years - [Preregister](#)

Calling all families with their teddy bears or stuffies to join us for a teddy bear picnic. Come have lunch with us in our new outdoor playscape! Pack a lunch and bring a blanket/towel to sit on while enjoying your meal, exploring, and playing in our new backyard. In case of rain, we'll move the picnic inside!

Antrim Site

- ◆ Monday, July 11th 11:00am - 12:30pm

Triple P: One-On-One

Non-age specific / Telephone Consultation

This is a one-to-one session via telephone and/or Zoom with a staff member where you can work through some of your parenting challenges

Telephone

- ◆ Mondays -Thursdays 9:00am - 4:30pm





Triple P: Seminar Series - Virtual

2 - 10 years old / Three Sessions Workshop - [Preregister](#)

Session 1. The Power of Positive Parenting

Ideas on how to help children learn important life skills including being respectful, communicating well, thinking positively, having healthy self-esteem and being a good problem solver. Triple P promotes good communication and strong relationships between parents and children.

Session 2. Raising Confident, Competent Children

Positive parenting is an effective approach to raising children that involves creating a family environment that is loving, supportive and predictable. Triple P promotes good communication and strong relationships between parents and children.

Session 3. Raising Resilient Children

All children experience periods of stress in their lives, this session gives parents ideas on how to help children have the emotional skills to manage stressful life events. Triple P promotes good communication and strong relationships between parents and children.

Antrim site

- ◆ NOT CURRENTLY AVAILABLE

Virtual – Zoom

- ◆ Session 1 Wednesday, August 10th 7:30pm - 9:00pm
- ◆ Session 2 Wednesday, August 17th 7:30pm - 9:00pm
- ◆ Session 3 Wednesday, August 24th 7:30pm - 9:00pm



Wheelie Parade

Birth - 6 years - [Preregister](#)

Bring your bikes, trikes, strollers, scooters, wagons, anything with wheels. PCFC's first Wheelie Parade is coming this summer. We will be decorating and parading around our new track and beyond. Don't have the wheels? We've got you covered. Try out some of our many wheeled options from the Toy Lending Library.

Antrim Site

- ◆ Monday, August 15th 10:00am - 11:30am

