

1 to 2 Years Old

COVID-19 Ontario School Screening is mandatory for all individuals attending in-person programs (both outdoor and indoor).

We encourage all adult participants to use face masks when inside.

Some programs may require [**PREREGISTRATION**](#)

share, learn, grow!



INDOOR PROGRAMS AND SERVICES



Breastfeeding & Well Baby Clinic - Drop-in

Breastfeeding/Prenatal

Make an appointment to speak to a lactation consultant/community health nurse for breastfeeding help and/or to answer your questions about child health and development.

Antrim Site

- ◆ Tuesdays 10:00am - 12:00pm
- ◆ Thursdays 10:00am - 12:00pm
- ◆ CLOSED: August 1st through August 29th

Family Play to Learn - Drop-in

0 - 6 years

This EarlyON parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

Otonabee Valley Site

- ◆ NOT CURRENTLY AVAILABLE

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Wednesdays 9:30am - 12:00pm
- ◆ Saturdays 9:30am - 12:00pm
- ◆ CLOSED July 30th and September 3rd

Lakefield Site

- ◆ Thursdays 9:30am - 12:00pm

Apsley Site

- ◆ NOT CURRENTLY AVAILABLE

Norwood Site

- ◆ Mondays 9:30am - 12:00pm
- ◆ CLOSED August 1st

Me & My Dad - Drop-in

0 - 6 years

This parent child interactive program offers an engaging environment to explore and create with your children and to connect with other families. Professional staff are available to support your learning as well as share resources and their expertise when needed.

Antrim Site

- ◆ NOT CURRENTLY AVAILABLE



Toy and Book Lending Library - Drop-in

0 - 6 years

A lending service where families can borrow high quality, developmentally appropriate toys, books, and games for their young children. Access to library staff and early learning tips to try at home.

Antrim Site

- ◆ Tuesdays 9:30am - 12:00pm
- ◆ Thursdays 1:00pm - 5:30pm
- ◆ Saturdays (1st & 3rd) 9:30am - 12:00pm
- ◆ CLOSED September 3rd



OUTDOOR FUN

Lakefield Community Garden - Drop-in

Non-age specific / Self directed / Family led / No staff onsite

Self-directed / Family led / No staff on site

Visit our community garden plot and take part in its maintenance and care, while exploring the natural surroundings.

Lakefield Community Garden

- ◆ Drop-in any time



Loose Parts in the Playscape - Drop-in

0 - 6 years

Have you noticed that when you give a child a gift, they are more interested in exploring the box and wrapping than in what is inside? That is what loose parts are all about! Loose parts could be a plastic tube, a cardboard box, sticks or stones. What happens when your child finds these materials outside? Children are naturally curious and when we invite them to explore loose parts in an outdoor space there is freedom to move and explore.

The possibilities are endless! Come join us in our Antrim Playscape for some fun.

DUE TO ONGOING BACKYARD CONSTRUCTION LOOSE PARTS IN THE PLAYSCAPE WILL, TEMPORARILY, TAKE PLACE INDOORS.

Antrim Site

- ◆ Thursdays 9:30am - 11:30am





PARENTING/CHILD WORKSHOPS

- *For multi sessions workshops, sign-up only for the first session date (you will be automatically signed up for all sessions)*



Roots of Discovery - Drop-in

0 - 6 years

Roots of Discovery is a child-led outdoor exploration program. Offering opportunities for young children to investigate and find joy in the natural outdoor world and parents to support and share in their wonder.

Professional staff are available to support your learning as well as to share resources and their expertise when needed. Join us for the adventure!

Bridlewood/Harper Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

Isabel Morris Park, Lakefield

- ◆ Fridays 10:00am - 12:00pm

Jackson Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

Mill Pond Forest Trails, Norwood

- ◆ NOT CURRENTLY AVAILABLE

South End Sing Along - Drop-in

0 - 6 years

Join us at Newhall Neighbourhood Park to gather outside for some circle time singing, story time, and fun! Dress for the weather, as we will be there through snow, rain, and sunshine!

Newhall Neighbourhood Park, Peterborough

- ◆ NOT CURRENTLY AVAILABLE

Backyard Tea Party

0 - 6 years - [Preregister](#)

Come join us for an exciting backyard Tea Party. We will have fruit infused water and a healthy snack to enjoy. Please come with your best fancy hat and dress up is encouraged! (Please note in the event of rain this program will move indoors).

Antrim Site

- ◆ Tuesday, August 23rd 2:00pm - 3:30pm

Curious Connections

1 - 3 years - [Preregister](#)

Come and together explore what loose parts are and how they inspire children's curiosity, imagination, and wonder to motivate learning.

Antrim Site

- ◆ Wednesday, July 27th 10:00am - 11:00am
- ◆ Monday, August 29th 10:00am - 11:00am



Lakefield Little Gardeners

0 - 6 years - [Preregister](#)

This is an interactive program where families take part in the care and maintenance of our community garden, while exploring our natural surroundings. Activities will be planned to introduce families to gardening and food literacy, from seed to plate.

Lakefield Community Garden

- ◆ Tuesdays (2nd and 4th) 9:00am - 10:00am

Let's All Calm Down

1 - 6 years - [Preregister](#)

Play outside and explore with all your senses! Help your child learn some ideas to calm down and focus. Dress for some mess; there will be water and ooey gooey things to investigate and paint for those who like to create! Join in for some soothing songs and stories.

Antrim Site

- ◆ Tuesday, August 2nd 2:30pm – 3:30pm

MAGIC Mud Play Day!

0 - 6 years - [Preregister](#)

Come enjoy a morning of *Messy Mud Play* in our new playscape with our new mud kitchen! Yes, we said Mud! Wear your boots and mess-friendly clothes (grownups too). Come dig, mix, splash, and experiment!

Antrim Site

- ◆ Monday, July 18th 9:30am - 11:30am
- ◆ Monday, August 8th 9:30am - 11:30am

Pajama Party

0 - 6 years - [Preregister](#)

Pull on your favorite pair of PJs and join us at the Antrim site for a family pajama party. This evening program will include a few stories, a circle time and a creative activity for the whole family to do together.

Antrim Site

- ◆ Thursday, July 7th 6:00pm - 7:00pm
- ◆ Thursday, September 1st 6:00pm - 7:00pm





Picnic Party

0 - 6 years - [Preregister](#)

Calling all families with their teddy bears or stuffies to join us in our new outdoor playscape for a teddy bear picnic! Come have lunch with us in our new outdoor playscape! Pack a lunch and bring a blanket/towel to sit on while enjoying your meal, exploring, and playing in our new backyard. In case of rain, we'll move the picnic inside!

Antrim Site

- ◆ Monday, July 11th 11:00am - 12:30pm

Song & Signs

5 -15 months - [Preregister](#)

This EarlyON program is an interactive course for parents and children. Parents will learn a variety of baby signs through a sign and song circle. Information on the benefits of signing and tips for success will be discussed.

- ◆ NOT CURRENTLY AVAILABLE

Triple P: It's Potty Time

Non-age specific - [Preregister](#)

Join us to learn and talk about signs of readiness, and how you can make toilet learning a positive experience for both you and your child.

- ◆ NOT CURRENTLY AVAILABLE

Triple P: Toddlers and Tantrums

1 - 3 years - [Preregister](#)

Have you ever seen your toddler: crying, screaming, stamping their feet, or rolling on the floor? This can be embarrassing for parents, especially if it happens in public. In this session parents will have the opportunity to discuss: why children have tantrums, how to prevent them and how to manage a tantrum.

- ◆ NOT CURRENTLY AVAILABLE

Wheelie Parade

Birth - 6 years - [Preregister](#)

Bring your bikes, trikes, strollers, scooters, wagons, anything with wheels. PCFC's first Wheelie Parade is coming this summer. We will be decorating and parading around our new track and beyond. Don't have the wheels? We've got you covered. Try out some of our many wheeled options from the Toy Lending Library.

Antrim Site

- ◆ Monday, August 15th 10:00am - 11:30am



Specialized Programs

CAPC

Community Action Program for Children

Families Connect

This program is designed for families with children 13 months to 4 years who are experiencing challenging life circumstances. It focuses on play, child development and parent-child relationships.

This is a weekly program staffed by a multidisciplinary team. Referral and registration is required as the program serves a specific population and has limited spaces. We accept both agency and self-referrals.

[Referral Form](#)

CLOSED: July / August

