

Peterborough Child and Family Centres



Summer 2018

Family Play-to-Learn Programs

July 3 to August 31

This parent-child interactive program offers an engaging environment to explore and create with your children and to connect with other families.

Professional staff are available to support your learning as well as share resources and their expertise when needed.

Family Play-to-Learn programs are open to all adults with young children birth to six years of age.

Antrim

201 Antrim St, Peterborough

Mondays 9:30 - 12:00

Tuesdays 9:30 - 12:00

1:00 - 3:30

Thursdays 1:00 - 3:30

Saturdays 9:30 - 12:00



Lakefield

71 Bridge St., Lakefield

Wednesdays 9:30 -12:00

Library Hours

201 Antrim St, Peterborough

Mondays 9:30 - 12:00

Tuesdays 9:30 - 12:00

Thursdays 1:00 - 5:00



Breastfeeding & Well Baby Clinic

Drop in and speak to a lactation consultant for breastfeeding help, or a community health nurse to answer your questions about child health and development. No appointment necessary.

Date: Tuesdays & Thursdays

July 31 to Aug 30, 2018

Time: 10:00 a.m. to 12:00 p.m.

Special Event

Join us for an engaging & informative morning focusing on ways to encourage families to power off screens & come play. This workshop will invite parents to bring their young children & find healthy alternatives to screen time, access to new resources from our toy and book library & hear from a special guest speaker.

Date: Saturday, August 25, 2018

Time: 9:30 a.m. - 12:00 p.m.

Summer Registered Programs at Antrim Street

The Gentle Art of Infant Massage

The Gentle Art of Infant Massage is a four-session course, developed by the International Association of Infant Massage®, that will give you the tools and information you need to communicate with your baby through loving touch. Please bring a waterproof mat or pad, a soft blanket or towel, and your baby! Oil and handouts will be provided. This program is designed for infants between 1 and 8 months.

Date: Thursday, July 5 to 26, 2018

Time: 10:00 - 11:00 a.m.

Songs and Signs for Babies and Toddlers

An interactive course for parents to attend with their children ages 5-15 months. Parents will learn a variety of signs through a weekly sign and song circle. Information on the benefits of signing and tips for success will be discussed.

Date: Thursday, August 9 to 23, 2018

Time: 10:00 - 11:00 a.m.

Triple P- Parenting Plan

This is a one-to-one session with a staff member where you can work through some of your parenting challenges.

Call for an appointment

Baby's Morning Out

Parents with babies from 0 to 18 months are welcome to come out for a morning of fun. We will provide lots of playful activities just for babies.

Singing, dancing, and exploring will be encouraged!

Date: Friday, July 6, 2018

Time: 10:00 - 11:30 a.m.

Date: Thursday, August 2, 2018

Time: 10:00 - 11:30 a.m.

Toddler Fun

Toddler fun is an interactive program for parents and children ages 1-3 years. Each week a variety of experiences will be available to support social-emotional, language, and physical development.

Date: Friday, August 17 to 31, 2018

Time: 10:00 - 11:00 a.m.

Little Counters

This program is for children ages 18 months to 3 years. Parents and children will play, sing, and do activities together to understand and build numeracy concepts.

Date: Friday, July 13 to August 3, 2018

Time: 10:00 - 11:00 a.m.